

Skintelligence massage therapist Rhonda Griffin, client Nina Schultz, make-up artist Marti Wright, master esthetician Mali Amini and Theresa Caputy, owner/aesthetic medical treatment, celebrate recognition by "Allure" magazine as providing the best facial in the Washington, D.C., area. Skintelligence held a reception for clients and friends on March 1.

Local Esthetician Recognized Nationally

WELLBEING, PAGE 10

Girl Scouts Visit The State Capitol

NEWS, PAGE 4

Local Leaders Praise Transportation Funding Bill

NEWS, PAGE 3

WELLBEING

PAGE 10

George Mason University Professors Fred Bemak and Rita Chi-Ying Chung will be honored by the American Counseling Association for their dedication to human rights, social justice and culturally sensitive mental health treatment.



PHOTO COURTESY OF GEORGE MASON UNIVERSITY

Mental Health Counseling Professors Honored

Cultural sensitivity at the heart of their work.

BY MARILYN CAMPBELL
THE CONNECTION

Fred Bemak and his wife Rita Chi-Ying Chung, who are both professors at George Mason University in Fairfax, recall being in Haiti shortly after the catastrophic earthquake of 2010. They were there to provide mental health counseling to those traumatized by the natural disaster.

"We were working in one of the tent camps," said Bemak who, with Chung, has been a professor of counseling and development in George Mason's College of Education and Human Development since 2000. "There were tents and each contained about 30 cots. People lived side-by-side with no privacy. There was little food and little water."

They worked with a woman who was so traumatized that she had been unable to get out of bed for three months. "The traditional response is 'let's get her off to the side and speak to her alone,'" said Bemak. "But that is the Western model of therapy. When you're looking at family-oriented communities, there is a tremendous need to connect with others."

As Bemak spoke with his bed-ridden patient, others began to join the session. "We started to talk to her and crowds started to gather around her cot," he said. "It became a huge healing intervention where for the first time in three months, she got out of her cot. We had a [session] that was conducive to the community in Haiti."

Bemak and Chung's peers will salute their dedication to human rights, social justice and culturally sensitive mental health treatment later this month when they receive two of the American Counseling Association's highest honors.

Chung will receive the Gilbert and Kathleen Wrenn Humanitarian and Caring Person Award, which Bemak was awarded in 2011, and Bemak will receive the Kitty Cole Human Rights Award, which Chung garnered last year. Additionally, Chung will receive the 2013 Outstanding Faculty Award from the State Council of Higher Education for Virginia

and Dominion Resources.

"I am deeply honored that I was even considered for these awards. It is a true honor. I feel so privileged to be in this field," said Chung, who noted that her background fuels her passion for her work.

"I am a person of color and I grew up in another country," said Chung, whose parents moved from China to New Zealand after the World War II. "Being an immigrant to the United States myself, I understood the struggles and challenges of immigrants and refugees. A lot of counseling theories are based on Western beliefs. Coming from an Eastern background, I know that culture plays a major part in the way we react and respond to major life experiences."

Bemak worked as a counselor and also served as director of the Upward Bound Program at the University of Massachusetts, Amherst. "I worked with white, African American and Latino students who were struggling academically," he said. "When they came together, for many it was the first time that they'd been around people of other races."

Bemak and Chung say cultural sensitivity and insights are often lacking in mental health care. This underscores the importance of their work with Counselors Without Borders, which Bemak founded. It provides culturally responsive humanitarian counseling after disasters. Together, they've led teams of therapists and students in providing mental health therapy along the Mississippi Gulf Coast after Hurricane Katrina, and on American Indian reservations and in Latino migrant communities after the San Diego wildfires.

"The two of them have traveled to more than 55 countries, together and individually, where they have worked with at-risk youth, immigrants and refugees; counseled child-trafficking and post-disaster victims; and guided students of color and former child soldiers," said Catherine Probst, a spokeswoman for George Mason University.

The couple also co-authored "Social Justice Counseling: The Next Steps Beyond Multiculturalism" last year.

"We both do the work because we want to give back," said Chung. "We're trying to instill in the next generation of counselors to give back. I am not working to be recognized, but I hope this will inspire people to do the work because there is so much need out there."



PHOTO CONTRIBUTED

Esthetician Mali Amini's facials were awarded the best in Washington, D.C., by "Allure" magazine in fall 2012. Amini has been with Skintelligence medical spa in Vienna for four years.

Local Esthetician Recognized Nationally

McLean resident Mali Amini of Skintelligence of Vienna does the best facials in Washington, D.C.

BY DONNA MANZ
THE CONNECTION

The award for the best "facial" in the Washington, D.C., area goes to... medical spa Skintelligence of Vienna and its master esthetician Mali Amini.

"Allure," a top nationally distributed beauty magazine, recognized Amini, a McLean resident, in its October 2012 issue. Amini was nominated by a client and "Allure" sent an incognito reviewer to Skintelligence to evaluate Amini's treatment. The spa's clients are not surprised by the accolade.

"They're very up-to-date here with products and techniques," said Skintelligence client Nina Schultz of Vienna. Schultz, who said she has used facial, waxing and make-up services there, brings her daughters as well. "I love the products and the staff. They don't push you to buy here."

Registered nurse Theresa Caputy worked in a hospital for years before deciding she wanted a change of focus. She trained with a local dermatologist, picking up skills from him. In 2004, Caputy got an opportunity to work with a skin care salon in Alexandria. She took medical esthetic courses to master techniques and develop her skills, and, in 2006, she opened her own medical spa in Vienna, the town she lives in.

SKINTELLIGENCE SERVICES include traditional spa treatments such as facials,

photofacials, make-up, massage, waxing and laser hair removal, but also more medical procedures, such as Botox injections, cosmetic fillers [Juvaderm and Radiesse] and microdermabrasion. A medical doctor supports the staff and facility.

"People come with self-esteem and self-confidence issues, they come to relax and be pampered," said Caputy. "Almost 90 percent will say, 'I don't want to look 20. I just want to look better.'"

Amini said that every treatment the spa offers isn't just good for looks, but it's good for the mind, the soul. "I think we live in a society that has so many ways to enhance our appearance," said Amini. "We want to make people feel good about themselves."

"All of us here, none of us look like glamorous movie stars. We're just real women with real feelings."

Amini emphasized that when women walk in the door, they're part of the spa family there, sharing their personal lives. "Most are hard working, well-educated professional women, moms, women taking care of families," said Amini. "They need a little time for themselves, to be pampered. They become good friends. We're all here for each other."

Amini and Caputy believe that their integrity is as important as the products they use. "You can trust us," said Caputy.

SEE ESTHETICIAN, PAGE 11

Town Budget Available for Review

The proposed Town of Vienna budget for fiscal year 2013-2014 is now available for public review on the town's website at www.viennava.gov/index.aspx?NID=420. Copies are also available for review in the Finance Department at Town Hall, 127 Center St. S., and at the Patrick Henry Library, 101 Maple Ave. E. A "Budget Highlights" summary may be obtained at Town Hall free of charge. For more information, call 703-255-7824.

Town Council budget work sessions are scheduled at Town Hall on Saturday, March 9, at 9 a.m. and Monday, March 11, and April 22, at 7:30 p.m. Work sessions are open for the public to attend; however, public comment is not permitted. The public is invited to provide their input during the public hearings on the proposed budget, tax rate and water and sewer rates on Monday, April 1, and April 15, at 8 p.m. in Town Hall. The Town Council will consider the adoption of the budget at its May 13 meeting.

Registration Open for Summer Camps

Registration for youth summer camps sponsored by the Vienna Parks and Recreation Department is now open. Register early as camps fill quickly.

Camps include extended day camp, tennis, basketball, fencing, soccer, baseball, football, and other sports camps, teen excursions, computer, art, chemistry, skateboarding, biking, engineering, Lego, summer playground camps and more. Before and after care is also available for certain camps and ages.

For more information, call the Vienna Parks and Recreation Department at 703-255-6360, or view the Vienna Parks and Recreation Summer Camp Brochure online at www.viennava.gov/Archive.aspx?AMID=62. Camp information is located on pages 31 through 38.

Stroke and Osteoporosis Screenings Coming to Vienna

Residents living in and around the Vienna community can be screened to reduce their risk of having a stroke or bone fracture. Church of the Holy Comforter will host a Life Line Screening on March 11, 2013. The site is located at 543 Beulah Road N.E. in Vienna. Four key points every person needs to know:

- ❖ Stroke is the third leading cause of death and a leading cause of permanent disability
- ❖ 80 percent of stroke victims had no apparent warning signs prior to their stroke
- ❖ Preventive ultrasound screenings can help you avoid a stroke
- ❖ Screenings are fast, noninvasive, painless, affordable and convenient

For more information regarding the screenings or to schedule an appointment, call 1-800-697-9721 or visit our website at www.lifelinescreening.com. Pre-registration is required.

Family Flashlight Egg Hunt at Glyndon Park

A family friendly flashlight egg hunt will be held rain or shine at Glyndon Park, 300 Glyndon St. N.E., on Friday evening, March 22. Beginning at 7 p.m., children will be able to visit with the Easter Bunny and jump in the moon bounce while they wait for the egg hunt to begin at dark.

The fee for this activity is \$3 per family member and free for children less than 12 months. A maximum of six tickets may be purchased per family. Tickets go on sale for in-town residents on Saturday, March 9, from 9 to 10 a.m. at the Vienna Community Center, 120 Cherry St., S.E. All remaining tickets will go on sale Monday, March 11, at 8 a.m.

For more information, call the Vienna Parks and Recreation Department at 703-255-6360 or visit www.viennava.gov.

Old-fashioned Egg Roll at Freeman House

An old-fashioned Easter egg roll for children ages 12 and under and their parents will be held on the lawn of Vienna's historic Freeman House, 131 Church St. N.E., on Saturday, March 23, from 10:30 to 11:30 a.m.

This activity is free of charge and no registration is required. Roll eggs, visit with the Easter Bunny and listen to a storyteller.

For more information, call Historic Vienna, Inc. at 703-938-5187 or visit www.historicviennainc.org.

Esthetician Honored

FROM PAGE 10

"We're not going to sell you what you don't need or want. We really do have the best interests of the clients at heart."

Amini said that clients don't even ask her what her treatments cost. "They trust me," said Amini. "If they come in late, they still get their full time. When they are with me, I give them my complete attention, focusing on them, not how much revenue I need to get for the business."

The layout of Skintelligence, tucked in an office building on Church Street behind Wu's Garden and the ABC, affords each specialty its own room, from make-up to massage, skincare/facial and esthetic medical treatment. A New York company specially makes the Tica cosmetics and skin care products for Marti Wright.

Marti Wright applied wedding day make-up to Vienna bride Kristan Beck and her bridal party and Beck and her family loved the natural look of Wright's touch. A photofacial "took away" sunspots from Beck's face, the effects lasting for months, Beck said. "It really works. I'll do that again."

Joanne Shaack, Vienna, confesses to not wear-

ing make-up. At the celebration, Shaack won a complimentary make-up session. "I've never worn make-up so I am going to have Marti teach me," Shaack said.

AMINI AND CAPUTY feel that client satisfaction is one of the reasons for the spa's success. "They get our experience and skills, but they also get good value," said Amini. "If I go for a massage, it's a break for me. I want to get my money's worth." A reason Amini left a former employer was the daily emphasis on revenue generation, pushing people to buy more than what they needed, charging them for missed appointments.

"It isn't just us doing for our clients. Our clients do so much for us, too.

"It's amazing how special they are."

Staff onboard Skintelligence includes Theresa Caputy, RN; Mali Amini, master esthetician;

Marti Wright, makeup artist; Rhonda Griffin, massage therapist, and Dr. Morad Tavallali, medical director.

Skintelligence is located in an office building at 421 Church St., Suite A, Vienna.

To make an appointment, call 703-255-7237. For more information on Skintelligence, see www.skintelligencepartners.com.

"If they come in late, they still get their full time. When they are with me, I give them my complete attention, focusing on them, not how much revenue I need to get for the business."

— Mali Amini

Visit These Houses of Worship

To Highlight Your Faith Community, call Karen at 703-917-6468

Progressive & Welcoming

**ST. ANNE'S
EPISCOPAL
CHURCH • Reston**



7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school: preschool - grade 2
Music: grades 3 - 7
10:25 a.m. Sunday School Grades 3 to 12
Music 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service
Nursery care provided at 9:00 a.m. service

The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Laura Cochran
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston

Great Falls United Methodist Church

10100 Georgetown Pike ~ Great Falls, VA
703-759-3705 ~ www.greatfallsumc.org



Sunday Schedule

Worship Services ~ 10:00 am
Children's Sunday School ~ 10:00 am
Adult Sunday School ~ 9:00 am
Nursery/Childcare ~ 9 to 11:00 am
Youth Group ~ 5-7 pm

*the church with a heart
in the heart of Great Falls*

Assembly of God

Vienna Assembly of God ... 703-938-7736
Cristo Es Mi Refugio...703-675-0144

Baha'i

Baha'i Faith for Northern Virginia ...
703-821-3345

Baptist

Global Mission Church ... 703-757-0877
Peace Baptist Church ... 703-560-8462

Bethel Primitive Baptist Church
... 703-757-8134

Cartersville Baptist Church ... 703-255-7075
Fellowship Baptist Church ... 703-385-8516

First Baptist Church ... 703-938-8525
The Light Mission Church ... 703-757-0877

Vienna Baptist Church ... 703-281-4400
New Union Baptist Church... 703-281-2556

Buddhist

Vajrayogini Buddhist Center... 202-331-2122

Church of the Brethren

Oakton Church of the Brethren
... 703-281-4411

Catholic

Our Lady of Good Counsel ... 703-938-2828
St. Athanasius Catholic Church ... 703-759-4555

St. Mark's Catholic Church ... 703-281-9100

Charismatic

Christian Assembly ... 703-698-9777

Church of Christ

Berea Church of Christ ... 703-893-7040

Disciples of Christ

Antioch Christian Church ... 703-938-6753

Episcopal

Church of the Holy Comforter ... 703-938-6521

Church of the Holy Cross ... 703-698-6991

St. Francis Episcopal ... 703-759-2082

Jehovah's Witness

Jehovah's Witnesses ... 703-759-1579

Lutheran

Emmanuel Lutheran Church...703-938-2119

Christ The King Lutheran Church...703-759-6068

St. Athanasius Lutheran Church... 703-455-4003

Methodist

Andrew Chapel United Methodist ... 703-759-3509

Church of the Good Shepherd ... 703-281-3987

The Vine Methodist Church ... 703-573-5336

Ephiphany United Methodist ... 703-938-3494

Great Falls United Methodist... 703-759-3705

Oakton United Methodist ... 703-938-1233

FIRST BAPTIST CHURCH OF VIENNA

**450 ORCHARD STREET, NW
VIENNA, VA 22180
703-938-8525
fbcvoffice@verizon.net
www.fbcv.org**

**SUNDAY WORSHIP, 7:45 AM & 11:00 AM
CHURCH SCHOOL 9:30AM-10:30AM
MIDWEEK SERVICES, WED. 7:00 PM**